



## CONSENT TO DISCLOSE PERSONAL HEALTH INFORMATION

1. I grant permission to Therapeutic Relief to disclose health information for the following individual:

**Patient Name:** \_\_\_\_\_

2. How do you like to get *routine* messages? Letter \_\_\_\_ Email \_\_\_\_ Phone \_\_\_\_

**3. When is it Okay to leave a message about your treatment**

- Never  
 On my voicemail at home: Number \_\_\_\_\_  
 On my voicemail at work: Number \_\_\_\_\_  
 On my mobile phone: Number \_\_\_\_\_

**4. With whom may we discuss your whole-body health?**

- No one                      Any of the people listed below

_____	/	_____	/	_____
Name		Relationship		Phone number
_____	/	_____	/	_____
Name		Relationship		Phone number

Primary Care Doctor: \_\_\_\_\_

Specialist: \_\_\_\_\_

Physical Therapist: \_\_\_\_\_

Other: \_\_\_\_\_

**5. What is okay to discuss with those noted above:**

- Any information about the patient's treatment\*  
 Only that I attend classes  
 Only that I was seen for physical therapy, but no specifics  
 Other

\*I understand this may include detailed personal medical information including medical services to be provided. This consent will expire when revoked by the patient/representative or on the date the minor becomes an adult under state law.



Patient or Authorized Signature

Print Name

Date