



## Release of Liability

In consideration of being allowed to participate in any way in PM Center for Movement and related events and activities, the undersigned acknowledges, appreciates and agrees that:

1. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releases or others, and assume full responsibility for my participation; and,
2. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the instructor/practitioner or PMCM official immediately; and,
3. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby release and hold harmless PM Center for Movement, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event (“Releasees”), with respect to all and any injury, disability, death, or loss or damage to person or property, whether arising from the negligence of the releasees or otherwise, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Participant’s Signature \_\_\_\_\_ Date \_\_\_\_\_

Emergency Contact  
Name/Number \_\_\_\_\_